

The Twelve Promises of the Sacred Heart of Jesus

“I will give them all the graces necessary for their state of life.”

“I will establish peace in their families.”

“I will comfort them in their troubles.”

“I will be their safe refuge against all the snares of their enemies in life and above all in death.”

“I will pour abundant blessings on all their undertakings.”

“Tepid souls shall become fervent.”

“Fervent souls shall speedily rise to great perfection.”

“I will bless the homes in which the image of My Sacred Heart shall be exposed and honored.”

“I will give to priests the power to touch the most hardened hearts.”

“Those who propagate this devotion shall have their names written in My Heart and it shall never be effaced.”

“The all-powerful love of My Heart will grant to all those who shall receive Communion on the First Friday of nine consecutive months the grace of final repentance; they shall not die under my displeasure nor without receiving their Sacraments. My Heart shall be their assured refuge at that last hour.”

Parish Novena in honor of The Sacred Heart of Jesus



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Novena Prayer to the Sacred Heart of Jesus

Sacred Heart of Jesus, fountain of every blessing,
I adore you, I love you and with a lively sorrow
for my sins, I offer you my poor heart.

Make me humble, patient, pure and fully obedient
to your will. Grant, O good Jesus, that I may live
in you and for you.

Behold, in your name, I ask the Father
for the grace of....(*name your request*).

O Sacred Heart of Jesus, protect me when I am in
danger, comfort me when I am in distress, give me
health of body, help in my daily needs and Your
blessing on all I do and the grace of a holy death.
Amen.

V. Jesus, gentle and humble of Heart.

R. Make our hearts like unto thine.

Let us pray....

Almighty and eternal God, look upon the Heart of Your
well beloved Son, and upon the praise and satisfaction
He offers You on behalf of sinners; and being pleased.
Grant pardon to those who seek Your mercy in the
name of the same Jesus Christ, Your Son, who lives
and reigns with You, in the unity of the Holy Spirit,
world without end.
Amen.

Act of Consecration to the Sacred Heart of Jesus

I, (*say your name*), give and consecrate myself to
the Sacred Heart of our Lord Jesus Christ. I give my person,
my life, my actions, pains and sufferings, so that I may be
unwilling to make use of any part of my being except to
honor, love and glorify the Sacred Heart.

O Sacred Heart of Jesus, this is my unchanging pur-
pose, namely, to be all Yours and to do all things for the
love of You, at the same time renouncing with all my heart
whatever is displeasing to You.

I therefore take You, O Sacred Heart, to be the only
object of my love, the guardian of my life, my assurance of
salvation, the remedy of my weakness and inconstancy, the
atonement for all the faults of my life and my sure refuge
at the hour of death.

Be then, O Heart of goodness, my justification be-
fore God the Father, and turn away from me the strokes of
His righteous anger. O Heart of Love, I put all my confi-
dence in You, for I fear everything from my own wicked-
ness and fragility; but I hope for all things from Your
goodness and bounty.

O Sacred Heart of Jesus, consume in me all that dis-
pleases You or is contrary to Your Holy Will. Imprint Your
pure love upon my heart so deeply that I shall nevermore
be able to forget You or to be separated from You. May I
obtain from all Your loving kindness, the grace of having
my name written in Your Heart, for in You I desire to place
all my happiness and all my honor, living and dying in un-
ion with You.
Amen.